







the place to live

# What has Council done to make Darebin more Age Friendly?

On 22 July 2019, Council endorsed the majority of the 98 recommendations from the Age Friendly Darebin Review. Since then Council staff have been working on several new Age Friendly projects and services, some of these are already having a positive impact in the community.

Here are some examples of what's happened in the first 6 months:

#### **New service: Positive Ageing**

Older people often find it difficult to get the information and services they need from the aged care system. Our Age Friendly Review, and the recent Interim Report of the Royal Commission into Aged Care, have confirmed just how much this is a problem for people. Positive Ageing is the new Darebin Information and Support Service for older Darebin residents and their families. This service started operating in October and has already helped more than a hundred people.

#### **Elders celebration**

Age Friendly Darebin recognises the contribution of older people in Darebin. Aboriginal and Torres Strait Islander Elders are a source of strength and inspiration for our Community. Council recently held a celebratory event to recognise local Elders with shared food, music and connection with friends and family.

#### **Home Care Package services**

Continuity of care between Council's Commonwealth Home Support Services and Home Care Packages was a priority for many who participated in the Age Friendly Review. Council's new Positive Ageing Service is supporting residents in making informed choices about Home Care Packages. Additionally, a trial is underway in partnership with a local Home Care Package provider to enable clients who have been receiving aged care home support services from Council to continue to do so once they transition to a Home Care Package.

### **Age Friendly Libraries**

Darebin's library service is a valued service by older members of the community. The Library Service has listened to and included advice from Darebin's Age Friendly Review and will highlight promotion and support of older people through programs and events.



# What will Council do to make Darebin more Age Friendly?

Here are some examples of what will happen in the next six months following the Age Friendly Darebin review.

#### **Gardening Programs**

For 2020 council has funded a trial to be conducted with interested community organisations and groups to test different gardening program models. The trial will inform council, seeking financially and environmentally sustainable approaches. Alongside that we aim to develop a recommended list of tradespeople and providers to assist residents who are looking to get work done around their home.

# Older People Open space audit

There will be various ways for older people to advise Council on how to create open spaces and built spaces that are supportive for older people, and all people! An Age Friendly community is a liveable community for all. In 2020, Darebin will call on older people as volunteer advisors and auditors of sites across the community.

#### **WHO Global Network**

Council's Age Friendly commitment to creating an Age Friendly Darebin has been acknowledged by the World Health Organisation (WHO).

Darebin is now one of 35 Australian recognised communities in the WHO Global Network for Age-friendly Cities and Communities. This is an exciting responsibility and opportunity to share Age Friendly practices with other communities across the world.

# Volunteering

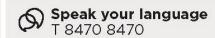
A Volunteer program is in the early stages, call outs for volunteers will begin in early 2020. The initial focus will be on creating opportunities for older people to be out and about and more involved in the community, and becoming more socially connected along the way .

# CITY OF DAREBIN

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